

2013 Ales for Rail Trails 5K

AGE GROUP RESULTS

Timing by Bull City Running Company

Top Female Overall

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	257	Marisa Ryan	17:08.4	5:32	28	F	Durham	NC	Bull City Track Club

Top Male Overall

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	16	Barton Bechard	18:07.1	5:51	49	M	Durham	NC	Bull City Track Club

Males 29 and Under

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	218	Alex Bibby	19:41.3	6:21	28	M	Durham	NC	
2	184	Conrad Stern-Ascher	19:57.5	6:26	25	M	Durham	NC	
3	141	Nic Phillips	19:59.6	6:27	29	M	Durham	NC	
4	82	Robert Hicks	21:10.8	6:50	26	M	Raleigh	NC	
5	242	George Linney	21:23.5	6:54	10	M	Durham	NC	Tobacco Trail Church
6	251	Dalton Boone	22:57.8	7:24	18	M	Durham	NC	
7	70	Matt Haller	23:14.6	7:30	25	M	Kalamazoo	MI	
8	93	Tyler Jones	23:32.8	7:35	27	M	Durham	NC	I was told there would be no hills
9	160	Leoanrdo Rios Ambriz	24:37.9	7:56	25	M	Durham	NC	There's a beer at the end!
10	108	Darrin Mann	25:16.1	8:09	29	M	Charlotte	NC	
11	228	Ricardo Martinez	26:15.1	8:28	23	M	Chapel Hill	NC	
12	72	Brian Haney	26:42.0	8:37	28	M	Erwin	NC	
13	117	Jon Moist	26:58.3	8:42	29	M	Chapel Hill	NC	
14	48	Joseph Dottino	27:06.9	8:45	28	M	Durham	NC	
15	158	Mike Raegen	28:13.9	9:06	27	M	Wake Forrest	NC	
16	102	Matt Ludwig	29:09.7	9:24	28	M	Carrboro	NC	
17	213	Christopher Wright	29:55.6	9:39	29	M	Durham	NC	
18	146	Joseph Polonsky	29:56.3	9:39	28	M	Durham	NC	
19	159	Cowden Rayburn	31:59.6	10:19	25	M	Chapel Hill	NC	
20	175	Kevin Shui	32:26.9	10:28	22	M	Durham	NC	
21	243	William Linney	32:32.8	10:30	6	M	Durham	NC	Tobacco Trail Church
22	57	Dane Eubanks	35:19.9	11:24	28	M	Cary	NC	
23	256	Daniel McCulloch	41:49.2	13:29	5	M	Durham	NC	
24	86	Jayden Jefferson	45:30.6	14:41	7	M	Durham	NC	

Males 30 to 50

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	35	Jim Clabuesch	18:48.3	6:04	48	M	Durham	NC	Carolina Godiva Track Club
2	40	Anthony Corriveau	19:01.3	6:08	43	M	Cary	NC	Carolina Godiva Track Club
3	38	Adrien Cooper	19:21.8	6:15	36	M	Chapel Hill	NC	Bull City Track Club
4	132	Scott O'Brien	19:37.4	6:20	42	M	Durham	NC	
5	55	Ian Edwards	19:40.5	6:21	30	M	Washington	DC	
6	250	Lam Tran	19:55.4	6:25	39	M	Huntersville	NC	
7	238	Robert Spicuzza	20:02.7	6:28	33	M	Durham	NC	
8	220	Matt LoPiccolo	20:11.6	6:31	38	M	Durham	NC	
9	115	Brent Miller	20:32.1	6:37	41	M	Durham	NC	
10	75	Shawn Harris	20:38.6	6:39	48	M	Cary	NC	Carolina Godiva Track Club
11	226	Lin Mabry	20:57.9	6:45	44	M	Oxford	NC	
12	81	Douglas Hensel	21:07.1	6:49	40	M	Durham	NC	Carolina Godiva Track Club
13	247	Scott Epps	21:21.1	6:53	44	M	Hillsborough	NC	

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
14	170	William Schmitz	21:24.0	6:54	41	M	Chapel Hill	NC	Carolina Godiva Track Club
15	18	Paul Bishop	21:28.2	6:55	50	M	Graham	NC	
16	29	Ethan Caldwell	21:30.4	6:56	39	M	Raleigh	NC	Carolina Godiva Track Club
17	134	Adam Olls	21:50.2	7:03	30	M	Raleigh	NC	
18	246	Alan Vette	22:01.0	7:06	44	M	Hillsborough	NC	
19	71	Geoffrey Hammond	22:09.5	7:09	38	M	Fuquay Varina	NC	
20	58	Daniel Evanson	22:14.8	7:10	46	M	Durham	NC	
21	206	Noah Wichman	22:15.9	7:11	40	M	Durham	NC	
22	126	Scott Morrison	22:27.3	7:15	37	M	Durham	NC	Academy Eye Associates
23	23	Rick Boyd	22:33.8	7:16	32	M	Raleigh	NC	
24	101	Erik Lowndes	22:41.1	7:19	45	M	Apex	NC	
25	116	Michael Mills	22:44.4	7:20	32	M	Durham	NC	
26	28	Noah Byrd	22:54.3	7:23	41	M	Durham	NC	
27	201	Jason Waller	23:06.5	7:27	32	M	Durham	NC	
28	261	Jeff Hall	23:28.5	7:34	48	M	Raleigh	NC	
29	142	John Pinto	23:49.4	7:41	48	M	Durham	NC	
30	245	Jay Mebane	24:15.2	7:49	45	M	Durham	NC	
31	264	Matt Jones	24:18.0	7:50	31	M	Durham	NC	
32	32	William Chesser	24:19.4	7:51	50	M	Durham	NC	Tobacco Trail Church
33	239	Brian Buzby	24:24.4	7:52	41	M	Durham	NC	
34	74	Jerry Harris	24:30.0	7:54	50	M	Durham	NC	Four Leaf Farm
35	265	Caleb Pineo	24:36.8	7:56	31	M	Durham	NC	
36	62	Michael Formy-Duval	24:37.3	7:56	37	M	Durham	NC	
37	172	Matt Scimone	24:40.6	7:57	32	M	Raleigh	NC	I was told there would be no hills
38	129	Michael Neal	24:49.4	8:00	45	M	Raleigh	NC	
39	259	Robert Lamme	24:58.9	8:03	50	M	Durham	NC	
40	41	David Criswell	25:30.4	8:14	50	M	Durham	NC	Carolina Godiva Track Club
41	95	Branson Kimball	25:44.1	8:18	45	M	Durham	NC	
42	249	Sean Boone	25:50.0	8:20	47	M	Timberlake	NC	
43	233	Peter Nordberg	25:50.9	8:20	30	M	Durham	NC	
44	181	Andy Stack	26:07.7	8:25	32	M	Durham	NC	
45	10	Alejandro Arciniegas	26:17.9	8:29	33	M	Raleigh	NC	
46	199	Erik Wahlstrom	26:31.1	8:33	44	M	Chapel Hill	NC	
47	46	Scott Dillon	26:46.3	8:38	38	M	Morrisville	NC	
48	104	Scott Lynch	26:56.3	8:41	44	M	Durham	NC	Carolina Godiva Track Club
49	1	Chaitanya Acharya	27:06.8	8:45	32	M	Durham	NC	
50	66	Dan Gleaves	27:09.2	8:45	33	M	Durham	NC	
51	241	Kenneth Robinson	27:09.9	8:45	35	M	Durham	NC	
52	205	Matt Welch	27:16.6	8:48	44	M	Chapel Hill	NC	
53	162	Alex Rogers	27:28.8	8:52	30	M	Raleigh	NC	
54	9	Don Anthony	27:35.0	8:54	46	M	Durham	NC	Carolina Godiva Track Club
55	34	Ken Childs	27:43.9	8:56	34	M	Durham	NC	Rick Allen's Left Arm
56	67	Kevin Goings	27:51.6	8:59	48	M	Durham	NC	
57	119	Eric Money	28:15.8	9:07	35	M	Durham	NC	
58	204	Alfie Welch	28:35.9	9:13	42	M	Durham	NC	
59	122	Robert Morales	28:39.8	9:15	31	M	Durham	NC	
60	137	Tom Petersen	28:43.4	9:16	32	M	Durham	NC	
61	8	Rick Anschutz	29:20.4	9:28	46	M	Durham	NC	
62	225	Erick Peterson	29:24.2	9:29	48	M	Durham	NC	
63	33	Choung Chhan	29:28.6	9:30	39	M	Durham	NC	
64	262	Antonio Nester	30:04.6	9:42	39	M	Fuquay Varina	NC	
65	25	Steve Bream	30:06.4	9:43	44	M	Mebane	NC	
66	24	Matt Bream	30:06.4	9:43	41	M	Raleigh	NC	

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
67	60	Johnny Fontana	31:03.7	10:01	38	M	Gibsonville	NC	
68	79	Ned Heidel	31:03.8	10:01	38	M	Burlington	NC	
69	54	Scott Edmond	31:24.5	10:08	31	M	Durham	NC	
70	196	Dolf Van Rensburg	31:38.3	10:12	43	M	Raleigh	NC	
71	125	Rua Mordecai	31:49.9	10:16	34	M	Cary	NC	
72	193	Laurence Tilley	34:04.2	10:59	30	M	Durham	NC	
73	150	Jeff Powell	34:52.9	11:15	35	M	Chapel Hill	NC	
74	69	Michael Grice	35:13.1	11:22	38	M	Durham	NC	I was told there would be no hills
75	223	Chris Engel	35:49.2	11:33	45	M	Raleigh	NC	
76	253	Scott McCulloch	41:51.4	13:30	41	M	Durham	NC	
77	139	Frank Peveler	43:10.3	13:55	38	M	Durham	NC	
78	177	Matt Simon	43:33.8	14:03	34	M	Carrboro	NC	

Males 51 and Above

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	229	Rich Danberg	18:53.0	6:05	52	M	Durham	NC	
2	64	Craig Gilbert	22:55.8	7:24	54	M	Durham	NC	
3	234	Patrick Pang	23:00.8	7:25	51	M	Penn Valley	PA	
4	143	Bruce Pitner	26:35.0	8:35	56	M	Durham	NC	
5	123	Roberto Morales	26:41.2	8:36	59	M	Cary	NC	
6	49	Lonnie Drain	27:23.7	8:50	56	M	Moncure	NC	
7	252	Erv Love	28:51.1	9:18	69	M	Raleigh	NC	
8	100	John Legge	28:52.8	9:19	53	M	Durham	NC	
9	128	Robert Myers	28:57.6	9:20	53	M	Bahama	NC	
10	3	Ali Albayrak	29:17.3	9:27	54	M	Charlotte	NC	
11	130	Christopher Nelson	29:25.6	9:29	52	M	Chapel Hill	NC	
12	190	Osman Taner	30:04.5	9:42	55	M	Turkey	IR	
13	145	William Plonk	30:24.1	9:48	51	M	Durham	NC	
14	155	Neil Prose	31:53.3	10:17	64	M	Durham	NC	
15	42	David Custack	32:34.9	10:30	55	M	Durham	NC	
16	174	Steve Shore	35:25.6	11:25	60	M	Apex	NC	There's a beer at the end!

Females 29 and Under

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	73	Maria Harper	20:05.9	6:29	23	F	Durham	NC	
2	133	Meghan O'Hara	20:55.5	6:45	22	F	Durham	NC	
3	19	Halley Bogart	21:18.8	6:52	27	F	Durham	NC	
4	113	Morgan Medders	22:11.2	7:09	26	F	Durham	NC	
5	20	Rachel Booker	23:33.0	7:36	27	F	Durham	NC	I was told there would be no hills
6	165	Jessica Ruhle	25:00.1	8:04	28	F	Durham	NC	
7	185	Alissandra Stoyan	25:06.5	8:06	28	F	Carrboro	NC	
8	36	Kirsti Clifford	25:20.2	8:10	29	F	Durham	NC	
9	183	Keri Stephens	25:26.1	8:12	29	F	Raleigh	NC	
10	179	Amanda Slatter	25:42.8	8:17	26	F	Durham	NC	
11	227	Emma Santoianni	26:25.0	8:31	16	F	Durham	NC	
12	118	Susie Moist	26:58.4	8:42	29	F	Chapel Hill	NC	
13	157	Chelsea Raegen	28:13.8	9:06	26	F	Wake Forrest	NC	
14	111	Amy McDowell	28:25.1	9:10	27	F	Raleigh	NC	
15	59	Courtney Fitzgerald	28:45.7	9:16	29	F	Washington	DC	
16	76	Lauren Hart	28:56.4	9:20	27	F	Durham	NC	
17	210	Katherine Williams-Frey	28:56.9	9:20	12	F	Cary	NC	
18	92	Meghan Jones	28:59.7	9:21	27	F	Raleigh	NC	
19	163	Jamie Rogers	29:09.4	9:24	27	F	Carrboro	NC	
20	103	Nadia Luhr	29:21.9	9:28	29	F	Raleigh	NC	

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
21	80	Margaret Hennessey	29:35.5	9:33	27	F	Durham	NC	
22	188	Lisa Sun	29:41.9	9:35	25	F	Shreveport	LA	
23	147	Kimberly Polonsky	29:56.4	9:39	29	F	Durham	NC	
24	156	Ellen Quinby	30:04.9	9:42	27	F	Mebane	NC	
25	131	Siobhan Nelson	30:18.1	9:46	24	F	Chapel Hill	NC	
26	191	Samantha Thompson	31:59.8	10:19	25	F	Chapel Hill	NC	
27	154	Christina Praedel	32:27.0	10:28	25	F	Chapel Hill	NC	
28	260	Rachel Johnson	32:27.0	10:28	22	F	Durham	NC	
29	53	Sara Edmond	33:24.4	10:46	28	F	Durham	NC	
30	12	Nevert Badreldin	33:40.4	10:52	28	F	Durham	NC	
31	2	Kelly Acharya	33:40.6	10:52	29	F	Durham	NC	
32	192	Jessica Tilley	34:04.3	10:59	28	F	Durham	NC	
33	91	Martina Jones	34:30.6	11:08	29	F	Greenville	NC	
34	96	Ashley Kirstein	34:48.8	11:14	29	F	Raleigh	NC	
35	83	Lauren Hill	35:19.6	11:24	28	F	Cary	NC	
36	98	BethAnne Klaver	36:37.5	11:49	26	F	King George	VA	
37	255	Grace McCulloch	40:51.1	13:11	7	F	Durham	NC	
38	15	Lisa Bear	44:02.9	14:12	27	F	Parkton	NC	
39	186	Meshell Sturgis	51:34.3	16:38	22	F	Durham	NC	
40	211	Tiffany Williamson	51:34.6	16:38	23	F	Durham	NC	

Females 30 to 50

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	221	Amanda LoPiccolo	17:54.7	5:46	31	F	Durham	NC	
2	240	Caren Mangarelli	19:51.3	6:24	43	F	Durham	NC	
3	88	Shannon Johnstone	21:31.5	6:56	40	F	Cary	NC	Carolina Godiva Track Club
4	187	Megan Sullivan	22:34.6	7:17	37	F	Raleigh	NC	Carolina Godiva Track Club
5	236	Jackie Gibson	22:55.4	7:24	49	F	Durham	NC	
6	151	Jennifer Powell	23:17.4	7:31	33	F	Durham	NC	Academy Eye Associates
7	135	Susan Peich	23:57.7	7:44	38	F	Durham	NC	
8	31	Susan Chesser	24:22.9	7:52	50	F	Durham	NC	Tobacco Trail Church
9	107	Jesica Mangun	24:46.5	7:59	31	F	Durham	NC	
10	105	Sherri Lynch	25:09.1	8:07	43	F	Durham	NC	Carolina Godiva Track Club
11	153	Meagan Powlas	25:27.0	8:12	32	F	Durham	NC	
12	90	Kelly Jones	25:55.6	8:22	30	F	Durham	NC	
13	21	Jenny Boyce	26:00.5	8:23	40	F	Durham	NC	Carolina Godiva Track Club
14	51	Carolynn Dude	26:03.7	8:24	32	F	Durham	NC	
15	200	Torey Wahlstrom	26:17.0	8:29	45	F	Chapel Hill	NC	
16	84	Karam Hwang	26:20.2	8:30	32	F	Chapel Hill	NC	
17	11	Bonnie Arciniegas	26:23.5	8:31	34	F	Raleigh	NC	
18	258	Candace Lacy	26:39.6	8:36	38	F	Durham	NC	
19	77	Kirsten Hawkins	26:42.3	8:37	31	F	Morrisville	NC	
20	235	Therese Johnston	26:45.4	8:38	49	F	Penn Valley	PA	
21	178	Elizabeth Simpson	26:55.7	8:41	32	F	Chapel Hill	NC	
22	27	Brandy Burns	26:56.5	8:41	38	F	Raleigh	NC	Carolina Godiva Track Club
23	50	Christina Drew	27:08.0	8:45	40	F	Durham	NC	Carolina Godiva Track Club
24	112	Lisa McGlenn	27:16.7	8:48	44	F	Chapel Hill	NC	
25	7	Izabela Annis	27:17.0	8:48	37	F	Durham	NC	
26	171	Vickie Schudel	27:19.4	8:49	39	F	Durham	NC	
27	114	Jenette Meldrum	27:19.6	8:49	36	F	Durham	NC	
28	217	Jennifer Zhang	27:21.2	8:49	31	F	Raleigh	NC	I was told there would be no hills
29	17	Roxanne Bellamy	27:31.9	8:53	30	F	Hillsborough	NC	
30	248	Bethany Bash	27:37.7	8:55	31	F	Durham	NC	

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
31	166	Emily Rush	27:42.3	8:56	31	F	Durham	NC	
32	219	Erin Malkuzzella	28:26.1	9:10	32	F	Durham	NC	
33	43	Mary Darling	28:33.4	9:13	41	F	Durham	NC	Full circle fitness
34	22	Anne Boyd	28:44.2	9:16	30	F	Raleigh	NC	
35	26	Carrie Brown	28:48.2	9:17	37	F	Durham	NC	
36	212	Kim Wood	28:57.0	9:20	39	F	Garner	NC	
37	136	Michelle Pesavento	29:03.9	9:22	44	F	Hillsborough	NC	
38	232	Tanna Carlson	29:26.9	9:30	36	F	Who Knows	NC	
39	52	Dayna Durbin	29:29.8	9:31	30	F	Durham	NC	
40	168	Pam Saunders	29:31.5	9:31	49	F	Mebane	NC	
41	61	Lauren Formy-Duval	29:51.6	9:38	36	F	Durham	NC	
42	214	Samantha Wright	29:55.7	9:39	30	F	Durham	NC	
43	263	Helen Mitchell	30:04.7	9:42	34	F	Chapel Hill	NC	
44	127	Kelly Moulton	30:12.8	9:45	34	F	Rougemont	NC	Hillsborough Running Club
45	78	Michelle Heffley	30:20.8	9:47	44	F	Durham	NC	
46	148	Emily Pontious	30:50.4	9:57	31	F	Carrboro	NC	
47	13	Dawn Bates	31:05.8	10:02	43	F	Garner	NC	
48	94	Klugh Jordan	31:13.9	10:04	39	F	Durham	NC	
49	209	Amelia Williams	31:16.7	10:05	39	F	Cary	NC	
50	203	Audra Webb	31:34.1	10:11	41	F	Halifax	VA	SBRC
51	169	Jamie Schissel	31:37.5	10:12	33	F	Chapel Hill	NC	
52	180	Erin Sommerfeld	31:37.9	10:12	32	F	Madison	WI	
53	164	Robin Rooks	31:42.9	10:14	46	F	Durham	NC	
54	195	Jenny Umbarger	31:47.2	10:15	39	F	Durham	NC	
55	124	Kat Mordecai	31:50.0	10:16	38	F	Cary	NC	
56	198	Libby Vaughn	32:31.7	10:29	42	F	Hillsborough	NC	
57	244	Kristen Linney	32:33.2	10:30	39	F	Durham	NC	Tobacco Trail Church
58	97	Erica Kitchen	32:46.8	10:34	34	F	Raleigh	NC	
59	47	Sarah Dotson	33:38.7	10:51	30	F	Durham	NC	
60	152	Jill Powell	34:52.6	11:15	33	F	Chapel Hill	NC	
61	39	Karen Cooper	34:53.8	11:15	31	F	Folsom	CA	
62	222	Christa Collazo	35:06.3	11:19	33	F	Durham	NC	
63	89	Beth Jones	35:09.7	11:20	37	F	Tampa	FL	
64	14	Kate Bauer	35:09.8	11:20	31	F	Tampa	FL	
65	216	Nadia Zelaya	35:19.2	11:24	32	F	Durham	NC	I was told there would be no hills
66	68	Katherine Grice	35:20.3	11:24	38	F	Durham	NC	I was told there would be no hills
67	110	Tonya Mason	35:50.2	11:34	42	F	Raleigh	NC	
68	224	Kendall Owen	37:33.4	12:07	42	F	Durham	NC	
69	167	Leslie Sapp	37:33.5	12:07	45	F	Durham	NC	
70	173	Jennifer Shaw	37:57.3	12:15	48	F	Fuquay Varina	NC	
71	5	Martha Alonzo-Johnsen	37:58.4	12:15	31	F	Durham	NC	
72	207	Victoria Wiley	40:33.3	13:05	41	F	Raleigh	NC	
73	197	Meredith Van Rensburg	40:34.4	13:05	39	F	Raleigh	NC	
74	109	Janet Marron	40:37.0	13:06	50	F	Durham	NC	
75	106	Beth Mandel	40:38.0	13:06	30	F	Durham	NC	
76	254	Jill Peloquin	40:50.8	13:10	44	F	Durham	NC	
77	120	Dana Moore	41:10.0	13:17	38	F	Durham	NC	RunBuds
78	87	Jennifer Johnson	41:16.0	13:18	43	F	Henderson	NC	
79	230	Nan Lujan	41:22.3	13:21	33	F	Chapel Hill	NC	
80	140	Sarah Peveler	43:09.5	13:55	37	F	Durham	NC	
81	176	Margaux Simon	44:41.0	14:25	36	F	Chapel Hill	NC	
82	85	Erika Jefferson	45:30.7	14:41	43	F	Durham	NC	
83	149	Kenley Potts	51:36.6	16:39	31	F	Durham	NC	

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
-------	-------	------	--------	------	-----	--------	------	-------	-----------

Females 51 and Above

Place	Bib #	Name	Finish	Pace	Age	Gender	City	State	Team Name
1	4	Fatma Albayrak	29:28.2	9:30	53	F	Charlotte	NC	
2	99	Rhonda Klevansky	29:54.0	9:39	52	F	Durham	NC	
3	65	Susie Gilbert	30:12.2	9:45	51	F	Durham	NC	
4	189	Neslisah Taner	30:25.5	9:49	51	F	Turkey	IR	
5	144	Beth Plonk	31:58.2	10:19	51	F	Durham	NC	
6	231	Beth Phillips	32:13.1	10:24	58	F	Elkins	WV	
7	56	Cindy Engle	32:35.9	10:31	63	F	Durham	NC	
8	121	Nilsa Morales	34:43.7	11:12	56	F	Cary	NC	
9	37	Sheryl Coffman	37:57.4	12:15	57	F	Cary	NC	
10	6	Kim Alton	40:23.4	13:02	53	F	Durham	NC	